

# *We Are The Medicine*

June 12-14, 2020 • [seekhealing.org](http://seekhealing.org)

An Online Festival for Real Human Connection

## **K e y n o t e   S p e a k e r s**

**Maureen McCarthy & Zelle Nelson**

*"The Desire-Invention Model: An Alternative to Problem-Solution Thinking"*

**Dr. Rachel Wurzman**

*"Brain-Based Healing from the Sickness of Separation"*

**Sarah Peyton**

*"Healing Loneliness"*

**Dr. Anita Gadhia-Smith & Dr. Ron Smith**

*"Addiction & Relationships"*

**Sara Ness**

*"Finding Not-Aloneness"*

**Dr. Susan Campbell**

*"When Emotional Reactivity Threatens Your Relationship Happiness"*

**Hilary Jacobs Hendel**

*"Teaching the Change Triangle: A Tool to Build Emotional Health"*

## **I n t e r a c t i v e   W o r k s h o p s**

- **Authentic Relating** with Sara Ness • **Yoga** • **Dance Improv** • **Focusing** • **Family Constellation** with Sarah Peyton •
  - **Authentic Relating** with Cathy Courtenay •
  - **Listening Training** from SeekHealing •